



YHET PATRONS:
DR SAMPRASAD VINOD
MRS SUE EDDY BSc Phys MCSP

12th September 2025

Dear Member

As a member of the Yoga for Health and Education Trust you are invited to our AGM on Friday 17th October 2025 from 8:00 to 9:00 pm. Our AGM will be held at Missenden Abbey, London Road, Great Missenden, Bucks, HP16 0BD during our residential weekend.

If you are not attending the Missenden Abbey weekend and wish to attend the AGM or join online via Zoom, please let us know by completing and returning the form on the next page.

Yoga for Health and Education Trust
AGM Agenda
Friday 17th October 2025 from 8:00 to 9:00 pm

1. Those Present
2. Apologies
3. Acceptance of Minutes from previous AGM
4. Chairman's Report
5. Treasurer's Report
6. Membership Report
7. Election of Officers and Trustees
 - * 2 longest serving trustees
 - * Chair
 - * Vice Chair
 - * Treasurer
8. Auditor/Accountant for following year
9. Any Other Business

Details of the electable Trustees and Officers are on the next page. If you are unable to attend the meeting, please return the voting form to our registered address or our email admin@yhet.org.uk by 4th October 2024.

If you would like a copy of the trust's accounts, please email or write to us and we will send you a copy.

We look forward to seeing you at the AGM.

Yours sincerely,

David Cosserat

Chair

WWW.YHET.ORG.UK

The Yoga for Health and Education Trust is a registered Charity Number 1124041

A 'Not For Profit' Company Limited by Guarantee

Registered in England and Wales: Registration Number 6051565

Registered Office: 95 Spencer Road, Rushden, Northants, NN10 6AD



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YHET AGM Friday 17th October 2024

I wish to attend the AGM in person	☐
I wish to join the AGM online via Zoom	☐
I am unable to attend the AGM and wish to vote by post	☐

POSTAL VOTE

FULL NAME:

If you are unable to attend the AGM, please complete the form below, marking each choice with a cross, and return it to our registered address or email address admin@yhet.org.uk by 4th October 2025.

Name	Role	Yes	No
David Cosserat	Chair and Trustee		
June Skeggs	Vice Chair and Trustee		
Alison Francis	Trustee		
Gillian Ansty	Trustee		
Sara Matchett	Treasurer		
Sue Eddy	Trustee		
Phillip Williams	Trustee		
BM Howarth Ltd	Accountant		

Alison Francis and Gillian Ansty are the two longest serving trustees and are standing down. They will both be happy to continue in their roles following reappointment

I confirm that I am a current member of YHET and I am unable to attend the AGM, therefore I am choosing to vote by post.

Signed..... Dated.....



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TRUSTEES' REPORT

The Trust continues to be supported by around 125 members and over 100 friends and supporters, many of whom are yoga teachers. We are always looking for ways to grow our membership, and this year we have kept up our focus on reaching new audiences through our online presence. Thanks to the continued work of **David Cosserat and Gill Ansty**, the Trust's Facebook and Instagram pages remain active and engaging, helping us share news, inspiration, and opportunities with both members and the wider yoga community.

Our website also continues to be an important resource. Following our redesign with **Black Nova Designs**, the fresh look is helping us to attract new visitors. **Phillip Ansty** continues to keep everything running smoothly behind the scenes, making sure members have easy access to the website. Members also continue to enjoy our regular newsletter/magazine, which brings updates on Trust activities, details of upcoming events, and opportunities to get involved.

Our events team has once again been very busy. **June Skeggs**, our events co-ordinator, organised another series of online sessions via Zoom, which have been much appreciated by members. Between April 2024 and March 2025 we ran an abundance of online sessions, covering topics such as Yoga Nidra and Somatic Yoga, Chair Yoga and Meditation. As in previous years, these included Special Focus workshops, which counted towards Continuing Professional Development (CPD) for teachers. We were pleased to feature a variety of teachers, including some who were new to the Trust. As many of you know, however, the Trust has been running at a financial loss for the past seven years. To ensure our sustainability and protect the future of the Trust, we will be making some changes to our online provision from January 2026. From that point, we will offer six Zoom yoga sessions per year, with each session costing £5 per person which includes a recording of the session. We believe this approach strikes the right balance — keeping the sessions affordable and accessible, while at the same time ensuring we can maintain their quality, strengthen our sense of community, and safeguard the future of the Trust.

Alison Francis, our other events co-ordinator, organised two successful residential weekends in May at Charney Manor and in October at Missenden Abbey. Both were very well attended. We are so grateful for the enthusiastic support of members who travelled to be part of these special weekends, which bring our community together in a unique way.

Our membership secretary, **Claire Stevens** has recently taken on the role and is managing renewals and answering member queries — a role that is at the very heart of keeping our Trust strong and our Treasurer, **Sara Matchett**, has once again steered the finances with great care, for which we are deeply grateful.

We would also like to give special thanks to **Phillip Williams**, who diligently oversees the Trust's compliance. His attention to detail ensures that we continue to meet our legal and governance responsibilities with confidence.

We are continually moved by the generosity of our members and supporters. This year we have again received donations and legacies, often given in memory of loved ones, which help us to sustain and develop the Trust's work. These gifts remind us of the deep connections yoga fosters, across generations and communities. Finding suitable venues for residential events remains one of our biggest challenges, especially as many venues continue to close or change ownership. We remain committed to finding accessible venues that can welcome all, including those with disabilities or wheelchair users. As we look ahead, we are excited to build on this year's achievements, to continue offering enriching events and resources for members, and to grow our community so that more people can share in the benefits of yoga.



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TRUSTEE & OFFICERS' BIOS

David Cosserat – Chair

I have been enjoying the wonders of Yoga for many years. My journey began over 30 years ago when I attended a Meditation session. Its effect was profound. I became happier, calmer and serene. This led me to Yoga Classes. Again the effect was transformational and my whole lifestyle began to blossom and grow.

During my travels around the world and especially in India, I experienced many different types of yoga from the very strong to the soothingly gentle. But in all the different forms that Yoga takes, the underlying themes of inner peace, love and well-being shine through. Living becomes a joy and opens you to the magic of yourself.

I am now director of The Inner Healing School of Yoga, a family run business for over 40 years. The school is based on the philosophy of Yoga is for all, regardless of age, sex, or religious background. Yoga, when properly taught is a therapy which opens you to a higher level of fitness and radiant health.

Over the years I have gained many qualifications: Diplomas in Yoga, Indian Head Massage and Touch for Health (Kinesiology) and Laughter Yoga. At university I qualified in Film Documentary BA (Hons) and TESOL. And as a Yoga teacher I specialise in Yoga for Sleep (Yoga Nidra), Pranayama (breath work) and the Yoga of Sound (Mantra) both very healing and nourishing.

I am passionate about health, wellness, and community engagement, which are at the heart of the Yoga for Health and Education Trust. I believe in the transformative power of yoga and holistic health practices and have seen firsthand how they can positively impact lives. Becoming a trustee allows me to contribute to an organisation that aligns with my values, and I'm eager to help expand access to yoga and health education, especially in underserved communities.

My vision is to help the Trust grow in both reach and impact, supporting initiatives that promote mental, physical, and emotional well-being. As a trustee, my aim is to bring my skills in strategic planning, fundraising, and outreach to the table, helping to guide the organisation in achieving its mission. Ultimately, I want to be part of a movement that empowers individuals to lead healthier, more balanced lives.

June Skeggs – Vice Chair

Yoga has played a huge part in my efforts to improve my health. Once filled with boundless energy and a sportswoman my life took an unexpected turn when I was diagnosed with M.S. With chronic fatigue a major problem physical activity would worsen my condition leading to collapsing and fainting spells. I saw an advert for a 5-day yoga course for M.S. at the Yoga for Health Foundation, Ickwell Bury. With exercise now making me unwell it would be a challenge to get through a 90 minute yoga session, that being my understanding of yoga at the time but maybe I had misunderstood. Amazingly I felt energised and a lot better at the end than when I started. I realised it was the result of working with the breath throughout the practice. As well as daily yoga incorporating the breath I also added it to my physiotherapy which made a huge difference and changed the physiotherapist's practice too. I was expected to be in a wheelchair permanently more than 20 years ago but, I am not.

I wanted to know why yoga was so beneficial and I embarked on a journey of study becoming a certified yoga teacher and specialising in Remedial yoga in the process. I was asked to help and share on many of the Multiple Sclerosis (MS) courses by the former director and founder of the Yoga for Health Foundation, Howard Kent, which I did for several years.

Despite our efforts, the Foundation and Ickwell Bury could not be saved, so the Yoga for Health and Education Trust (YHET) was created in 2006 to continue its legacy. I have served as a Trustee ever since, focusing particularly on organising events and yoga breaks.

As the number of events increased, I needed help and it became a team effort. I built up from one event to eight residential events a year before the pandemic with help from my events' team, including continual professional development, special focus days or weekends, a 5-7 day residential remedial (now called YHET accessible yoga), four day subtle energies of inner yoga and general residential weekends, offering general and gentle yoga, at different places. During the pandemic I suggested we try running sessions on Zoom and we



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have now done more than 100 sessions including general and gentle yoga, chair yoga, CPD, and special focus sessions, meditation, mindfulness, yoga nidra, sutras, chakras and others.

I am still responsible for events. As Trustees we make sure the trust works within company & charity law.

The workload is huge and takes most of my energy, but I am very committed to the continuation of the work of the foundation which benefited me so much. I would very much like to continue to help the trust develop into the future.

Sara Matchett – Treasurer

I have been involved in YHET since the beginning, as a founder member. By chance (or fate?) I found Ickwell Bury and managed to take part in one of the last Teacher Training courses and the final Remedial course before the venue and all its associations were lost to us. Since completing these courses, I have taught a varying number of classes in different places and for different audiences including Adult Education.

When I moved to Scotland 15 years ago, with my husband and various dogs, I couldn't be as involved due to the distance, but I stayed connected by attending residencies and teaching when possible.

The people who attend YHET weekends are so receptive and open to new ideas and very supportive of the way we teach. The importance of working with your own body and mind is so essential within our ethos that it doesn't need explanation, and this can be eye-opening for newcomers to Yoga for Health-inspired classes.

I'm proud of helping expand the yoga provision within Dumfries & Galloway, in quite a big way. When I first moved here, there were just a few teachers in the whole county. Now there are several in the Newton Stewart area, where I live, and a growing number of others across the rest of the county. Not all my own work, but I certainly encouraged a number of people and got involved in various things to promote the benefits of yoga locally.

About 6 years ago, I was asked to become Treasurer for YHET, as in my 'day job' I am a book-keeper. My journey reflects dedication, commitment, and ongoing service to YHET. It's been about growing the organisation, having an impact on lives, and spreading the word about the beneficial practices of yoga.

Ally Francis – Trustee

I spent my professional life teaching dance. All types from Ballet and Tap to Latin-American and recently I shared a cha cha cha experience at our yoga weekend at Felden Lodge. I trained in 2000 at the Yoga for Health and Education Trust completing both the General and Remedial courses as well as a module studying Ayurveda with Bill Feeney. I teach online classes and in person 1 to 1 sessions and I am particularly interested in keeping the older generation practising yoga. I love sharing Nidra in this hectic 21st century world that we find ourselves in. I am a "Friend" of the Royal Opera House and with my freedom pass I head off to London for as many performances that I can. I also visit Sadlers Wells to see dance performances and catching as many musicals as possible. I have two children and four grandchildren.



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Philip Williams – Trustee

I was born a goodly few years ago in the beautiful countryside of the upper Wye valley in central Wales. I mention this as it was there that I spent the most wonderful time getting to know the person who has been the greatest influence on my life, my grandfather. He taught me many life lessons that have remained core to my beliefs to this day. Not least among these are staying close and in deep respect to the natural world:

Care for it and it will care for you. Do not allow others to tell you what you can or cannot see, nor what you can or cannot believe. Above all else, be kind, for kindness is the greatest of gifts that we can bestow upon each other. Do service to others and to the world around us, both physical and spiritual, without prejudice, judgement or expectation. Do not seek what you already have.

These beliefs will be very familiar I'm sure in the practice of yoga. My grandfather probably did not know the word yoga, but he lived and died by its principles.

Oh yes, he also taught me this very important thing:

"Listen to the birds, they are the messengers of god, then tell the bees so that they can tell everyone else."

I grew up and did all the usual things got a job and a career, for ten years as an Archaeologist and then in IT. Always trying to do things ethically and with some pride. I met my wonderful wife, Linda, and together created a family. All through this my grandfather's voice was a great influence though it grew quieter under the pressures and stresses of a modern life and the business world.

Then one day everything changed, suddenly career and work and the pressure was too much. I stumbled and I fell. Linda picked me up, and having persisted over many years, she finally succeeded, by taking me to a YHET weekend, in getting me practising yoga. Now my grandfather's voice is much louder and more familiar again.

Why have I become a Trustee? Well Sara and a glass of wine can be very persuasive!

I am a teacher of Ascension and Meditation and a Nature Guide but have no desire to be a teacher of yoga.

I do however genuinely believe that the business and life skills that have come my way over the last half century, can be of benefit to the Trust, especially in this period of change. The ethos and objectives of the trust, and most importantly the genuine behaviours of inclusivity, service and support make it an organisation that I want to be part of; and to help where I can.

Gillian Anstey – Trustee

I am a recently made trustee for YHET, just finding my way, but not a recently made yoga teacher, I first discovered The Yoga for Health Foundation (YHF) many years ago in the late 1990s. Having walked into my first class with a YHF teacher and found a place that I felt was my home, I was encouraged by my teacher to go there and train. At Ickwellbury I trained for my Remedial and General certificates. And was lucky enough to be there when its remedial courses were thriving and able to gain so much knowledge and experience from the people there. I was also, sadly, at the last meeting there, on the evening the Bury closed.

Over the years I have done other trainings, I am a Sadhana Mala Yoga Therapist having completed the course with Ranju Roy and Dave Charlton (Viniyoga) and have a British Wheel accreditation cert and am CNHC registered. I Zoom classes, teach 121, and since Covid have also gone back to teaching in "real life".

And with my husband (a British Wheel teacher), have organised and taught on many retreats, in England and abroad, under our name of Canoe yoga.

Over the years I have taught yoga in many places including, The MS Centre in Wendover Bucks, and the Recovery College at the Mental Health Hospital, the Whiteleaf Centre in Aylesbury Bucks, and classes through Breathe Easy, for the British Lung Foundation, for those with COPD and breathing difficulty. And now as I have come to a quieter place in my teaching, a slowing down but not stopping place, my joy at coming back, and finding YHET continuing the great work YFH started is great, that the ethos of Yoga for All is still being practised, and facilitated, here, in this community, has brought me back to that feeling I first had in my first class, that I had found my home. And I am excited to be helping YHET continue their journey.



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Sue Eddy – Patron & Trustee

I fell in love with Yoga on my 1st class age 18, and my practise has flowed through my life since. I love all aspects of Yoga, from movement through stillness, breath practise, meditation and philosophy. Nothing makes you feel like bliss like Yoga 😊 I have been a member of YHET for 25-ish years, and passionately believe in accessible Yoga for All, & think the group has an unique & special place in the Yoga world. I was honoured to become a Patron of YHET in the last few years, and more recently a Trustee. I endeavour to bring my passion for Yoga, my professional head and ideas to support YHET to thrive, & continue and develop its reach and impact.

I have used & taught Yoga in my professional life as a Physiotherapist throughout my 35+yr career. More recently I've had the delight of deepening my Yoga knowledge; completing a 500hr Diploma in Yoga Teaching with teachyoganaturally.org in Scaravelli-inspired Yoga. Through my Yoga Teaching, Acupuncture practice, Chi Gong and Mindfulness training; I have found the bridging & alignment of Traditional Chinese Medicine (TCM) & Yoga, alongside other ancient wisdoms, a beautiful combination. My Western medicine speciality has been Respiratory, and latterly Palliative Care; I am passionate about the joy and importance of the breath, and entwining Eastern concepts with Western physiology knowledge. I love teaching Yoga weaving all these strands together – Yoga is the golden thread in that tapestry.

Claire Stevens - Membership Secretary

After becoming aware of YHET in 2005, I trained in Yoga Foundations with the Yoga for Health and Education Trust (YHET) in 2007/2008 and in Yoga and Hot Yoga with Yogafurie in 2023/2024 (200 hour teacher training). In early 2025 I qualified as a Lakshmi Voelker Chair Yoga (LVCY) teacher and am embarking on further learning (300 hour teacher training) this September with Scaravelli -inspired teacher Catherine Annis through Intelligent Yoga Teacher Training (IYTT).

I discovered yoga in 2000 whilst working in Germany, and have practised ever since. Even in the early 2000s I had a desire to teach - a friend and I would meet up when our teacher had holidays and we'd make up our own mini classes to keep up our practise. In addition to asana and pranayama practise, I have also been exploring Sanskrit, Mantra, Chanting and the Yoga Sutras in more depth this past year.

Since 2005 I have enjoyed a number of YHET retreats, feeling welcome from the beginning and meeting lots of lovely people. I've also enjoyed the zoom classes, learning something new from each of the guest teachers.

I love discovering new aspects of yoga, either through my personal practice or when students ask about something that I don't have an answer for! I'm currently teaching my own beginners yoga class and an all-levels class for North London Yoga Centre in Barnet, covering for fellow teachers in the area, providing LVCY introductory sessions in the local area and teaching chair yoga classes in collaboration with Age UK Barnet.

I accepted the role of volunteer Membership Secretary earlier this year and a number of members will have already received a renewal e-mail from me. The role includes making sure members are notified of upcoming renewals, liaising with Sara regarding payments, updating membership status where required and answering membership queries.

BM Howarth Ltd – Accountant

Our current Accountant is Denise Gill, who works at BM Howarth Ltd. The company is based in Halifax, West Yorkshire. We have worked with this firm since we became a company and have found them to be reliable and fair. They offer YHET competitive prices for the work they do for us.



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Minutes of the Annual General Meeting 11th October 2024

Location: Missenden Abbey, Great Missenden, Bucks

Present in person: Diana Civil, Sharon Lawrence, Janet Harris, Claire Stevens, Louise Edwards, Suzanne Morrisson, Davina Zafar, Mary Leonard, Philomena Lyons, Philip Ansty, Helena Read, Christine Bush, Sue Fediw, Judith Cooke, Margaret Stringer, Caroline Webster, Neil Horrobin, Mary Crosher, Sue Eddy, Margaret Palin, Diana Lai, Jonathan Randall, David Cosserat, June Skeggs, Ally Francis, Gill Ansty, Philip Williams, Sara Matchett.

Present via Zoom: None

Apologies: Mary Milne, Carol Smith, Robert Mitchell, Tim Francis, Julia Nicoll, Anna Russell, Alison Tucker, Kathleen Howell, Paul Blissett, Val Piercy, Linda Williams.

No postal votes were recorded.

The meeting was opened at 8:00 PM and was chaired by Sara Matchett, who welcomed everyone to the meeting.

Acceptance of the minutes from the previous AGM, 2023.

Proposed: Mary Leonard, Seconded: Suzanne Morrisson

Chair's report: April 23 to March 24 Sara Matchett

Your trustees have continued to work hard to put into practice some of the ideas discussed at the last AGM, to achieve our charity objectives and increase our profile and breadth of membership.

Ally Francis and June Skeggs arranged a number of face-to-face and Zoom events over the year, using a variety of teachers, from different backgrounds with lots of experiences and strengths, some of whom have not previously taught for us. The different styles included chair-based Yoga, Yoga Nidra, meditation, mindfulness as well as general and gentle sessions working towards our aim of 'Yoga for All'.

Mary Milne continues to work on developing the new website to meet our changing needs and developing our offer. We have all been working hard behind the scenes with Ronnie Harris, a marketing expert and Becki Castle, our social media guru. Those of you on Facebook can join our private community page and share in the many varied and interesting posts that Becki finds for us, as well as some really interesting thoughts she poses. The comments and sense of



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community are lovely. We are also now linking articles written by our own contributors to the Facebook page and other social media streams, to provoke interest with people outside our current audience and spread our mantra of 'Yoga for All.' We are developing a plan to have a more targeted timetable of postures, activities and philosophies to create a more coherent stream of information.

Our membership secretary, Mary Leonard, continued to work solidly with members on processing their membership renewals and dealing with the many queries that arise. With my Treasurer's hat on, I continue to look after the trust's finances. Mary L decided to step down as a volunteer in the 24/25 year and we thank her for all her efforts.

I would like to thank all our volunteers, including trustees who are also volunteers, for all their efforts that enable the Trust to survive and prosper into the next year. In my role as Chair, I would like to thank each of the other members of the trustee team for their dedication to the running of the Trust and their energy, despite what is thrown at us all. Ronnie edited a number of magazines this year with contributions from a range of people and trustees. We very much appreciate all those who contribute articles, reviews and other material which helps to make the magazine a success and would welcome any other contributions that you would like to send.

Being Chair to such a committed and passionate group of people, can be hard work sometimes. It is wonderful to know that your Trustees care so much about our shared future. We do all try to work together and come to a compromise. If you have some spare time and are interested in becoming more involved with the Trust we will gladly accept your contribution.

No questions regarding the Chair's report.

Treasurer's Report

April 23 to March 24 Sara Matchett

We started the year with a healthy bank balance but we have started to make inroads into the amounts built up over the pandemic years and prior, to promote the Trust and raise our profile, as discussed at previous AGMs.

During the 23/24 year income from memberships did drop but we received two generous legacies; Pauline Kilgour left us £2,000 in her will and we received £5,000 from the estate of Karol Hogan. Both were regular visitors to Ickwell Bury. We had the chance to thank Karol's daughter in person, for her mother's kind donation when Sarah visited us at the residential/ AGM in 2023 where she brought her mother's yoga books to sell and a further donation of £69 was made from the sale of these.



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Our event income was down slightly on the previous year (15,185 compared to £18,533). This is partly due to the rise in costs of hiring a venue, which in turn pushes up the prices to our members.

For the last few years, we have had £40,000 invested in a fixed term bond. After the last AGM, we took £20,000 out to use for promotional activities and running costs. We received £1,231 in interest for the year the money was invested, to Jan 24. The £20,000 withdrawn was put into a savings account with the Co-op, where we have our current account. It earns a tiny amount of interest but does earn a little. Most of the Trust's available money is left in the savings account and the current account kept at quite a low amount so we can make the money we have work as hard as possible and it is transferred from savings to current when needed.

We had a one-off payment made to Trustee, June Skeggs, of £13,225. This covered costs June had incurred over a number of years to attend YHET events as an organiser rather than a participant. The discrepancy arose because historically, only one Trustee had their place paid for as organiser, even if a second Trustee was taking equal organising responsibilities. Liz Brown, who was a Trustee for a short time in 20/21 and has a lot of experience in governance, pointed out the unfairness of this situation and the Board then worked hard to address it. In fact, the issue was resolved in the 22/23 year but the payment didn't go through the bank until the 23/24 year so has been included in this year's information.

We also spent £13,054 combined, on the new website and the services of a marketing consultant, Ronnie Harris. Ronnie helped us to update how the Trust promotes itself to the outside world, including creating a new logo, arranging a professional photo-shoot to create images of a high enough standard to use on the website and in promotional materials, guiding us on what marketing activities we need to do and how to do them and revamping our magazine, Vishuddha Voice, to make it brighter and more interesting to the reader. We decided not to continue the contract with her after April, as she showed us there was so much to do and we felt the need to consolidate what she had already shown us and work with those new developments for a while to bed them in, before moving to the next level. The Board of Trustees are all volunteers with many other demands on their time outside of the Trust so it can be difficult to find the time to action things to a suitable standard when so much has to be done by email and Zoom. Mary Milne has done an excellent job working with Black Nova Designs, to create the new website.

No questions regarding the Treasurer's report

Membership Report

April 23 to March 24 Mary Milne (read out by SM)

At the end of our last financial year (31/3), membership numbers had dropped to their lowest since the trust was set up, mainly due to long term members either sadly passing away or simply deciding to no longer continue with their membership and we understand there can be many reasons for this.

Fortunately, numbers have improved over the last few months and currently membership numbers are only slightly lower than they were this time last year.



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As agreed at last year's AGM we have been issuing renewal invitations by email, except for a few members who don't have email, and this is working very well, but please remember to check your spam folders so you don't miss any emails from us.

We have recently updated the membership area on our website, so you will notice a difference next time you log on to renew your membership, and we hope you will find the new layout easy to navigate. Remember we are always here if you need any help.

As the cost of running the trust continues to increase, we have decided to increase the membership cost to £25 per year from 1st January 2025. We believe membership offers very good value for money, as members benefit from discounts on residential events, free Zoom events and workshops that qualify as CPD for teachers and regular magazines, along with the other benefits of membership outlined on our website.

We hope you will continue to support the trust going forward and if anyone has any suggestions on how we can increase membership, please feel free to share them at the end of the meeting.

Comments regarding the Membership report: Mary L suggested an additional printed copy of the magazine could be sent to teacher members to share with their classes to promote the Trust.
Action SM/ MM

Election of officers and trustees

As the longest serving members Mary Milne and June Skeggs were required to stand down.

Both had indicated that they would be happy to stand again.

The following officers were voted in unanimously:

Chair: Sara Matchett, proposed by Sue Eddy, seconded by Caroline Webster

Vice Chair: June Skeggs, proposed by Diana Lai, seconded David Cosserat

Treasurer: Sara Matchett, proposed by Christine Stokes, seconded by Sharon Lawrence

Trustee: Mary Milne, proposed by Janet Harris, seconded by Diana Civil

Trustee: June Skeggs, proposed by Susannah Morrisson, seconded Claire Stevens

Auditor/Accounts for the following year: B. M. Howarth Ltd, proposed Mary Leonard seconded by Claire Stevens

The AGM came to its conclusion at 930pm